

**Sound Ideas Competitive Sports Royalty Free Music  
Complete Track and Index Listing**

<b>CD #</b>	<b>Tr/In</b>	<b>Title &amp; Description</b>	<b>Time</b>	<b>Tempo</b>	<b>Instrumentation</b>
CSM01	01-01	Physical Power      Strutting, Gritty, in Charge	1:45	Medium Slow Tempo	Electric Guitar, Keyboard
CSM01	02-01	Race to Come First      Driving, Energetic, Progressive	3:18	Medium Fast Tempo	Electric Guitar, Percussion
CSM01	03-01	Power Hungry      Emphatic, Resolute, Solid	4:00	Medium Tempo	Electric Guitar, Percussion
CSM01	04-01	Speed of Light      Agitated, Forceful, Rugged	3:35	Medium Fast Tempo	Electric Guitar, Percussion
CSM01	05-01	Sweat for Gold      Punchy, Focused, Demanding	2:43	Medium Fast Tempo	Sequencer, Piano, Percussion
CSM01	06-01	Building a Reputation      Tense, Steady, Strategic	3:52	Medium Tempo	Bass, Keyboard
CSM01	07-01	Dark Horse Pulls Ahead      Upbeat, Capable, Positive	2:13	Medium Fast Tempo	Electric Guitar, Piano
CSM01	08-01	Pick Up the Pace      Active, Spirited, Counterpointed	4:10	Medium Tempo	Keyboard, Percussion
CSM01	09-01	Command Respect      Freewheeling, in the Passing Lane	3:18	Medium Tempo	Bass, Keyboard, Percussion
CSM01	10-01	Controlled Effort      Authoritative, Purposeful, Commanding	1:51	Medium Fast Tempo	Electric Guitar, Keyboard, Percussion
CSM01	11-01	Slalom Run      Pulsing, Brisk, Daring	1:41	Medium Fast Tempo	Keyboard, Percussion
CSM01	12-01	Major Drum Line      Percussive, Marching, Powerful	2:11	Medium Fast Tempo	Percussion
CSM01	13-01	Beat You to the Punch      Moody, Tumbling, Running	2:17	Medium Fast Tempo	Keyboard, Percussion
CSM01	14-01	Steady Nerves      Strong, Surging, Heroic	2:46	Medium Tempo	Orchestra
CSM01	15-01	Do Your Best      Robust, Courageous, Certain	2:29	Medium Tempo	Electric Guitar, Piano, Orchestra
CSM01	16-01	Talent and Effort      Panoramic, Dramatic, Full	3:30	Slow Tempo	Electric Guitar, Piano, Orchestra
CSM01	17-01	Team Player      Deliberate, Motivated, Fresh	1:39	Medium Slow Tempo	Electric Guitar, Keyboard, Percussion
CSM01	18-01	Invest in Yourself      Successful, Proven, Expansive	3:35	Slow Tempo	Electric Guitar, Percussion
CSM01	19-01	Dedicated Effort      Uplifting, Stirring, Impressive	3:07	Medium Slow Tempo	Keyboard, Percussion
CSM01	20-01	Fame Is What You Make it      Building, Important, Dignified	1:23	Medium Slow Tempo	Bass, Keyboard
CSM01	21-01	Reflected Glory      Self Assured, Resourceful, Moving	2:00	Medium Tempo	Piano, Electric Guitar, Keyboard
CSM01	22-01	Second Chances      Rising, Reaching, Dazzling	2:15	Medium Fast Tempo	Piano, Orchestra
All Selections Composed by Edward Grenga (ASCAP), Charles Lawry (ASCAP), Douglas Stevens (ASCAP) & Michael McMahon (ASCAP).					
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